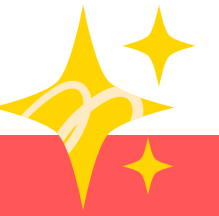




PEERS SOCIAL COACHING



WHAT IS PEERS?

SOME TOPICS COVERED!



- Developed at UCLA, PEERS for Young Adults is an evidence-based social skills program for adults who are interested in making and keeping friends and/or developing romantic relationships.
- Participants are taught social skills through didactic lessons and role-play demonstrations, and practice these skills during group socialization activities.

CHOOSING APPROPRIATE FRIENDS

DATING SKILLS

HANDLING DISAGREEMENTS

APPROPRIATE USE OF HUMOR

ENTERING AND EXITING CONVERSATIONS

ELECTRONIC COMMUNICATION



WHEN?

- Program dates: January 5 - May 1
- 1 night / week (6pm-8pm)
 - Group sessions max. 12 participants
- 1 hour / month 1:1 coaching with qualified provider
 - Scheduled throughout the month

WHERE?

- Community space in Carlsbad - Del Mar area

SDP OR PRIVATE PAY

- Training qualifies under Self-Determination service code 331
- Training can also be paid for privately



WHO?

To attend the program you must:



Be over 18



Be interested and self-motivated



Agree to attendance policy



Voluntarily attend



No history of maladaptive behaviors

Multiple SDP Providers are teaming up to bring you a high quality social skills training group.

Dr. Ashley Pallisco

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Founder of Next Step Support Services
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Founder of T.I.D.E.
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INTEREST FORM

Fill out our interest form to get on the list! We will be in contact with you to set up an intake.

[CLICK HERE](#)



[T.I.D.E.](#)

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