

Independent Facilitating Services

Let us be the “anchor” in your life!



At Anchored Facilitating we serve as an anchor for individuals with disabilities providing stability, connection, and consistent support through the Self Determination Program. Just as an anchor holds steady through shifting tides, we strive to create a foundation where our clients can explore their strengths, build meaningful relationships, gain independence, and feel supported in their communities.



Sunny Groseclose - Founder

ongoing facilitation

- 1:1 online or in person consulting
- FMS (Financial Management Services) work
- Independent Budget supports
- Self Determination renewal supports
- Ongoing Spending Plan revisions
- Exploring resources/programs in the community
- Supporting vendors and employees with onboarding

coming soon:

person-centered planning

- customized person-centered planning tailored to your specific dreams and goals (with your trusted circle of support)
- guiding you to create a vision for your life with compassion, patience, and support.

pre-enrollment supports

- advocating for services and negotiating your independent budget
- attending and providing guidance at budget meetings
- exploring resources/programs in the community
- Creating your Spending Plan
- FMS enrollment support
- Smooth transition to SDP

About the Founder:

Sunny has always had a heart for people of different abilities and wanted that to be a focal point of her life and profession. When she began working with kids and teens with Autism in their homes, schools, and communities she realized how much she loved being a dedicated support system for them.

Sunny has a background as a Behavioral Technician, Parent Trainer for individuals with Autism, certified in the UCLA Peers Social Skills Program and has been an Independent Facilitator in San Diego since September 2020.

Sunny has extensive experience working with individuals with special abilities and supporting their families through the Self Determination process.



Client Testimonial

“Working with Sunny has been amazing-she’s connected us with the right people and opened doors to opportunities I never would have thought of on my own. She’s been such a blessing in our journey!”

-Parent of SDP Participant

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